

Know Your Role- Your main role is to watch plays away from the quaffle.

Know Your Role- Remember to designate and follow a player in order to complete the inbound procedure. Beaters **must** go to the nearest boundary point and give them a 5-second countdown.

Remember Your Calls- Make sure your calls are nice and loud. Number, team, offence.

Remember Your Calls- Make safe calls first, beat calls second

Remember Your Warnings- Best to give 1 warning then call a delayed penalty.

Know Your Positioning- Your positioning will depend on the number of ARs on a game. If you can't see clearly, come closer.

Know Your Positioning- Be on guard at all times - play can often happen behind you.

Know Your Signals- Remember to signal goals.

Remember Delayed Penalty- If you see a fellow AR make a call, please mimic the call.